

you're invited
to meet
our new baby

esalibirth.com

you're invited
to meet
our new baby

esalibirth.com

you're invited
to meet
our new baby

esalibirth.com

you're invited
to meet
our new baby

esalibirth.com

you're invited
to meet
our new baby

esalibirth.com

When you come:

- Call _____
- Stay only 15 minutes
 - Bring some healthy food
 - Fill up my water bottle
 - Make snacks for older kids
 - Wash the dishes
 - Dry and put dishes away
 - Take out the trash
 - Fold clothes
 - Play with older kids
 - Let baby sleep
 - Let baby snuggle with mom
 - Help us take a nap
 - Stay positive
 - Come back in a few weeks

When you come:

- Call _____
- Stay only 15 minutes
 - Bring some healthy food
 - Fill up my water bottle
 - Make snacks for older kids
 - Wash the dishes
 - Dry and put dishes away
 - Take out the trash
 - Fold clothes
 - Play with older kids
 - Let baby sleep
 - Let baby snuggle with mom
 - Help us take a nap
 - Stay positive
 - Come back in a few weeks

When you come:

- Call _____
- Stay only 15 minutes
 - Bring some healthy food
 - Fill up my water bottle
 - Make snacks for older kids
 - Wash the dishes
 - Dry and put dishes away
 - Take out the trash
 - Fold clothes
 - Play with older kids
 - Let baby sleep
 - Let baby snuggle with mom
 - Help us take a nap
 - Stay positive
 - Come back in a few weeks

When you come:

- Call _____
- Stay only 15 minutes
 - Bring some healthy food
 - Fill up my water bottle
 - Make snacks for older kids
 - Wash the dishes
 - Dry and put dishes away
 - Take out the trash
 - Fold clothes
 - Play with older kids
 - Let baby sleep
 - Let baby snuggle with mom
 - Help us take a nap
 - Stay positive
 - Come back in a few weeks

When you come:

- Call _____
- Stay only 15 minutes
 - Bring some healthy food
 - Fill up my water bottle
 - Make snacks for older kids
 - Wash the dishes
 - Dry and put dishes away
 - Take out the trash
 - Fold clothes
 - Play with older kids
 - Let baby sleep
 - Let baby snuggle with mom
 - Help us take a nap
 - Stay positive
 - Come back in a few weeks